

CHRONIC WET COUGH



Signs of a wet cough

-  A cough everyday for 4 weeks or more
-  Yellow or green goonbee or spit
-  Short wind

What I should I do?

If your child has wet cough for more than 4 weeks, get them to clinic quick. The doctor can check their lungs.



How to keep lungs healthy

-  Breathing clean, fresh air
-  Immunisations
-  Healthy tucker and drinking water
-  Washing hands
-  Staying active
-  Sleeping well

What makes lungs sick?

-  Lots of cold sickness
-  Smoking or vaping
-  Dust
-  Smoke from fires



Learn more
about wet
cough here

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