CROSS-INFECTION MANAGEMENT CHECKLIST FOR SCHOOLS

STUDENT WITH CF ↔ STUDENT WITH CF

Students with cystic fibrosis (CF) should maintain a distance of at least 4 metres, particularly indoors, to reduce the risk of sharing harmful germs and bacteria, known as cross-infection. Where more than one student with CF attends the school, schools and families should work through this checklist together and identify ways to manage potential cross-infection risks at school.

Consider how the 4-metre guideline can be maintained across different school settings and activities, with advice from the student's CF care team where required. Alongside these measures, access to good hand hygiene remains important to minimise infection and cross-infection risks.

Essential Cross-Infection Protocol

- [ ] Students with CF are not placed in the same class.
- [ ] Students with CF are not placed in the same form/tutorial group, home room or house/faction.

Other Areas to Consider Cross-Infection Risk

It is important to assess and manage cross-infection risks in the following school settings:

Activities & Programs

- [ ] Buddy, mentor, big brother/sister or leadership programs.
- [ ] Extracurricular activities e.g. school clubs, sport, choir.
- [ ] Assemblies, performances, sports carnivals and other large school events.
- [ ] Incursions, excursions and camps.

Shared Areas

- [ ] Library, music, art rooms etc.
- [ ] School and classroom drop off/pick up areas.
- [ ] Playgrounds/play areas.
- [ ] Undercover and eating areas.
- [ ] School buses.
- [ ] Areas used during wet weather.

Health and Personal Care

- [ ] Sick bay- Identify alternative spaces and contact person where possible.
- [ ] Bathrooms- Allocate separate toilet blocks where possible.
- [ ] Shared equipment is avoided or cleaned between users, e.g., musical instruments, sports/lab equipment.

Before and After School Care (OSHC) Programs

- [ ] Allocate different OSHC days to avoid contact between students with CF.

Where this is not possible, it is important to consider cross-infection risk in the following areas:

- [ ] Transport arrangements including buses and shared transport services.
- [ ] Shared spaces (kitchen, toilets, play areas) and equipment (toys).
- [ ] Avoid sharing food.
- [ ] Group activities.

Whole School Considerations

- [ ] Provide CF and cross-infection education for school and OSHC staff.
- [ ] Document responsibilities and communication processes for all parties.
- [ ] Ensure access to hand hygiene for all staff, students and volunteers/visitors.
- [ ] Ensure regular cleaning of the school, particularly in shared areas.
- [ ] Consider risks associated with emergency planning e.g. evacuation and lockdown procedures.
- [ ] Review checklist annually or if there are changes to classes, year groups or activities.
- [ ] Awareness between all parties is encouraged, with privacy and confidentiality respected.

For further support with managing CF in your school, scan the QR code or reach out to our Education Team

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CYSTIC FIBROSIS Western Australia

CFsmart cystic fibrosis education program